

# Prime hospital network

Members of the Prime network benefit options are required to be admitted to one of the network hospitals or day clinics below when they need to undergo planned procedures.

Our website lists all the network hospitals.  
Visit [www.medihelp.co.za](http://www.medihelp.co.za)

Download our **Medihelp member app**,  
which is available on iOS and Android

## Gauteng

|                |  |
|----------------|--|
| Alberton       | Netcare Clinton Hospital<br>Netcare Union Hospital   |
| Benoni         | Netcare Lakeview Hospital<br>(maternity and neonatal only)<br>Netcare Linmed Hospital  |
| Johannesburg   | Netcare Garden City Hospital<br>Netcare Mulbarton Hospital   |
| Kempton Park   | Birchmed Surgical Centre<br>Ekurhuleni Surgiklin Day Clinic  |
| Krugersdorp    | Netcare Krugersdorp Hospital<br>Netcare Pinehaven Hospital   |
| Midrand        | Cure Day Hospital Midstream  |
| Pretoria       | Cure Day Hospital Erasmuskloof<br>Cure Day Hospital Medkin<br>Intercare Hazeldean Day Hospital<br>Life Brooklyn Day Hospital<br>Netcare Jakaranda Hospital<br>Netcare Montana Hospital<br>Netcare Pretoria East Hospital<br>(haematology and psychiatry only)<br>Netcare Unitas Hospital |
| Roodepoort     | Zuid-Afrikaans Hospital<br>Mayo Clinic   |
| Springs        | Netcare NT7 Hospital   |
| Vanderbijlpark | Cormed Clinic<br>Mediclinic Emfuleni<br>PJ Schutte Theatre Unit<br>(dental procedures only)  |
| Vereeniging    | Mediclinic Vereeniging<br>Midvaal Private Hospital   |

## Mpumalanga

|            |   |
|------------|---|
| Emalahleni | Advanced De La Vie Day Hospital<br>Emalahleni Private Hospital  |
| Ermelo     | Mediclinic Ermelo   |
| Middelburg | Life Midmed Hospital  |
| Nelspruit  | Busamed Lowveld Private Hospital<br>Kiaat Private Hospital<br>Mediclinic Nelspruit<br>Mediclinic Nelspruit Day Hospital |
| Secunda    | Mediclinic Secunda  |

## KwaZulu-Natal

|                  |  |
|------------------|--|
| Amazimtoti       | Netcare Kingsway Hospital  |
| Ballito          | Netcare Alberlito Hospital   |
| Durban           | Busamed Hillcrest Private Hospital<br>Life Chatsmed Garden Hospital<br>Netcare St Augustine's Hospital |
| Howick           | Mediclinic Howick  |
| Ladysmith        | Ladysmith Day Hospital<br>Lenmed La Verna Private Hospital   |
| Newcastle        | Mediclinic Newcastle<br>Mediclinic Newcastle Day Hospital  |
| Pietermaritzburg | Mediclinic Pietermaritzburg<br>Netcare St Anne's Hospital  |
| Port Shepstone   | Hibiscus Day Surgical Hospital<br>Hibiscus Private Hospital<br>Netcare The Bay Hospital                |
| Richards Bay     | Shelly Beach Day Clinic  |
| Shelly Beach     | KZN Day Clinic   |
| Umhlanga         | Netcare Umhlanga Hospital  |

## Western Cape

|                 |   |
|-----------------|---|
| Cape Town       | Mediclinic Cape Gate<br>Mediclinic Cape Gate Day Clinic<br>Mediclinic Durbanville Day Hospital<br>Mediclinic Louis Leipoldt<br>Mediclinic Milnerton<br>Mediclinic Strand<br>Medicross Foreshore Day Hospital<br>Melomed Bellville<br>Melomed Gatesville<br>Netcare NI City Hospital |
| George          | Mediclinic Geneva<br>Mediclinic George  |
| Hermanus        | Mediclinic Hermanus   |
| Mossel Bay      | Life Bayview Private Hospital<br>Vidamed Day Hospital   |
| Oudtshoorn      | Mediclinic Klein Karoo  |
| Paarl           | Cure Day Hospital St Stephen's Paarl<br>Mediclinic Paarl  |
| Plettenberg Bay | Mediclinic Plettenberg Bay  |
| Somerset West   | Mediclinic Vergelegen<br>Mediclinic Stellenbosch<br>Mediclinic Stellenbosch Day Clinic<br>Mediclinic Winelands Orthopaedic Hospital   |
| Stellenbosch    | Life West Coast Private Hospital  |
| Vredenburg      | Mediclinic Worcester  |
| Worcester       |   |

## Limpopo

|           |   |
|-----------|---|
| Bela-Bela | Bela-Bela Phodclinic                                |
| Lephalale | Mediclinic Lephalale                                |
| Makhado   | Zoutpansberg Private Hospital                       |
| Polokwane | Mediclinic Limpopo<br>Mediclinic Limpopo Day Clinic |
| Tzaneen   | Mediclinic Tzaneen                                  |

## North West

|               |  |
|---------------|--|
| Klerksdorp    | Sunningdale Hospital<br>Wilmed Park Private Hospital |
| Potchefstroom | Mediclinic Potchefstroom<br>Medicross Potchefstroom  |
| Rustenburg    | Netcare Ferncrest Hospital                           |
| Vryburg       | Vryburg Private Hospital                             |

## Northern Cape

|           |                      |
|-----------|----------------------|
| Kimberley | Mediclinic Kimberley |
| Upington  | Mediclinic Upington  |

## Eastern Cape

|                |   |
|----------------|---|
| East London    | Life Beacon Bay Hospital<br>Life St Dominic's Hospital<br>Life St James Hospital                                |
| Grahamstown    | Netcare Settlers Hospital   |
| Humansdorp     | Life Isivivana Private Hospital   |
| Port Alfred    | Netcare Port Alfred Hospital  |
| Port Elizabeth | Life St George's Hospital (maternity and neonatal only)<br>Medical Forum Theatre<br>Netcare Greenacres Hospital |
| Queenstown     | Life Queenstown Private Hospital  |
| Uitenhage      | Netcare Cuyler Hospital   |

## Free State

|              |   |
|--------------|---|
| Bethlehem    | Bethlehem Medical Centre<br>Mediclinic Hoogland   |
| Bloemfontein | Citymed Day Hospital<br>Mediclinic Bloemfontein<br>Pasteur Eye Hospital<br>Universitas Private Hospital |
| Kroonstad    | Netcare Kroon Hospital  |
| Welkom       | Mediclinic Welkom<br>Welkom Medical Centre  |

# Day surgery network

It is important that members of all benefit options should undergo planned ophthalmological, endoscopic and ear, nose and throat procedures, skin lesion removal and circumcisions at one of the day surgeries below. By using the day surgery network for these services, you will avoid additional expenses. Visit [www.medihelp.co.za](http://www.medihelp.co.za)

## Gauteng

|                |   |
|----------------|---|
| Alberton       | Chimera Surgical Clinic<br>Optimed Eye & Laser Clinic<br>The Ear & Eye Clinic   |
| Benoni         | Karibu Day Clinic<br>Metamorphosis Day Clinic<br>The Healthy Eye Clinic   |
| Boksburg       | Advanced East Rand Day Hospital<br>Medicross Boksburg   |
| Centurion      | Centurion Day Hospital<br>Centurion Eye Hospital  |
| Edenvale       | Edenvale Day Clinic   |
| Germiston      | Birchmed Surgical Centre<br>Ekurhuleni SurgiKlin<br>Medicross Germiston<br>Meridoc Day Clinic<br>The Ear & Eye Clinic   |
| Johannesburg   | 20/20 Eye Surgery Centre<br>Centre Of Advanced Medicine<br>Dr GM Pitje Day Hospital<br>Fordsburg Clinic<br>Intercare Sandton<br>Medicross Randburg<br>Rosewood Clinic   |
| Krugersdorp    | Netcare Protea Day Clinic   |
| Midrand        | Cure Day Hospital Midstream   |
| Pretoria       | Advanced Groenkloof Day Hospital<br>Cure Day Hospital Erasmuskoof<br>Cure Day Hospital Medkin<br>Intercare Hazeldean<br>Intercare Irene<br>Kilnerpark Day Hospital<br>Life Brooklyn Day Hospital<br>Life Pretoria North Surgical<br>Medicross Constantia Park<br>Medicross Silverton<br>Pretoria East Eye Institute<br>Waterkloof Surgical Centre |
| Randburg       | Bloart Fertility Centre<br>Johannesburg Eye Hospital<br>Medicross The Berg<br>Visiomed Eye Laser Clinic   |
| Rooedeepoort   | Advanced Medgate Day Hospital<br>Cure Day Hospital Wilgeheuwel<br>Fauchard Clinic<br>Life Wilgeheuwel Day Clinic<br>Mayo Clinic   |
| Sandton        | Netcare Constantia Clinic<br>Cure Day Fourways<br>Sandhurst Eye Centre<br>Vitalab Centre  |
| Soweto         | Advanced Soweto Day Hospital<br>Apex Surgi-Centre Soweto  |
| Vanderbijlpark | Ocumed Eye & Laser Institute<br>PJ Schutte Theatre Unit   |
| Vereeniging    | Visiclin Eye Clinic   |

## Eastern Cape

|                |                       |
|----------------|-----------------------|
| Port Elizabeth | Medical Forum Theatre |
|----------------|-----------------------|

## Free State

|              |   |
|--------------|---|
| Bethlehem    | Bethlehem Medical Centre  |
| Bloemfontein | Citymed Day Hospital<br>Cure Day Hospital Bloemfontein<br>Meadows Day Clinic<br>Stirling Hospital |
| Kroonstad    | Koimonia Theatre  |
| Welkom       | Praxmed Theatre<br>Welkom Medical Centre  |

## KwaZulu-Natal

|                  |  |
|------------------|--|
| Berea            | Westridge Surgical<br>JMH Morningside Hospital   |
| Bluff            | Medicross Bluff  |
| Durban           | Medicross Malvern<br>Lorne Street Anaesthetics<br>Durban Eye Hospital<br>Howick Day Clinic<br>Ladysmith Day Hospital |
| Howick           | Howick Day Clinic  |
| Ladysmith        | Ladysmith Day Hospital   |
| Mandini          | Mandini Medical Centre   |
| Margate          | Shelly Beach Day Clinic  |
| Newcastle        | Mediclinic Newcastle Day Clinic  |
| Pietermaritzburg | Pietermaritzburg Eye Hospital<br>Medicross Pietermaritzburg  |
| Pinetown         | Hibiscus Day Surgical Hospital<br>Medicross Richards Bay   |
| Port Shepstone   | Richards Bay Medical Institute   |
| Richards Bay     | KZN Day Clinic<br>Umhlanga Eye Institute   |
| Umhlanga         | Umhlanga Eye Institute   |
| Westville        | Care Clinic (Westville)  |

## Limpopo

|           |                               |
|-----------|-------------------------------|
| Polokwane | Mediclinic Limpopo Day Clinic |
|-----------|-------------------------------|

## Mpumalanga

|            |   |
|------------|---|
| Badplaas   | St Anthony's Clinic   |
| Emalahleni | Advanced De La Vie Day Hospital<br>Emalahleni Day Hospital<br>Highveld Eye Hospital |
| Nelspruit  | Mediclinic Nelspruit Day Clinic   |

## North West

|               |                               |
|---------------|-------------------------------|
| Mahikeng      | St Jullian's Clinic - Molapo  |
| Potchefstroom | Medicross Potchefstroom       |
| Rustenburg    | Rustenburg Private Eye Clinic |

## Northern Cape

|           |   |
|-----------|---|
| Kimberley | Medi-harts Day Clinic<br>Kimberley Narko Clinic |
| Upington  | Medicross Kalahari Day Theatre                  |

## Western Cape

|              |   |
|--------------|---|
| Cape Town    | Advanced Durbanville Surgical Centre<br>Advanced Harbour Bay Surgical Centre<br>Advanced Panorama Surgical Centre<br>Advanced Vergelegen Surgical Centre<br>Aevitas Fertility Clinic<br>Alchimia Clinic<br>Cape Dental Theatres<br>Cure Day Hospital Bellville<br>Cure Day Hospital Somerset West<br>Driftwood Clinic<br>Drs Heylen le Roux and Matebes<br>Intercare Century City<br>John Hill Eye & Laser Centre<br>Khangella Eye Theatre<br>Kraaifontein Medical & Dental Centre<br>Life Sports Solence Day Centre<br>Marie Stopes - Cape Town<br>Mediclinic Cape Gate Day Clinic<br>Mediclinic Durbanville Day Clinic<br>Medicross Foreshore Day Hospital<br>Medicross Monte Vista Clinic<br>Medicross Tokal<br>Panorama Laser Clinic<br>Parow Medical & Dental Centre<br>Renaissance Surgical Clinic<br>Rose Cottage<br>Somerset Aesthetic Clinic<br>Strathmed Paediatric Dental Theatre<br>The Surgical Institute<br>Thembani Theatres<br>Westfleur Private Clinic<br>George Surgical Centre<br>Hermanus Day Hospital<br>Advanced Knysna Surgical<br>Vidamed Day Hospital<br>Cango Medicentre<br>Cure Day Hospital St Stephen's Paarl<br>Mediclinic Stellenbosch Day Clinic<br>Wijnland Fertility Clinic<br>Advanced Worcester Surgical Centre |
| George       | George Surgical Centre  |
| Hermanus     | Hermanus Day Hospital   |
| Knysna       | Advanced Knysna Surgical  |
| Mossel Bay   | Vidamed Day Hospital  |
| Oudtshoorn   | Cango Medicentre  |
| Paarl        | Cure Day Hospital St Stephen's Paarl  |
| Stellenbosch | Mediclinic Stellenbosch Day Clinic<br>Wijnland Fertility Clinic   |
| Worcester    | Advanced Worcester Surgical Centre  |